



Fine Motor Milestones



0-3 months

- Fisted hands
- Attempt to swing a toy
- Bring hands to mouth
- Watches hand movements
- Reflexive grasp when finger or object is placed in hand

3-6 months

- Brings hands to midline
- Looks at objects a few feet away
- Reaches for toy with both hands
- Will begin to hold objects
- Movements are more symmetrical

6-9 months

- Transfers objects between hands
- Reaches with extended elbow
- Raking motion to manipulate objects with fingers
- Claps hands and holds bottles
- Pokes objects with index finger

9-12 months

- Places items in a container
- Uses pincer grasp
- Points with index finger
- Can hold 2 small objects in one hand
- Can feed self finger foods