All about the good in me

Write or draw your answers to these prompts about the good in you.

All about the good in me

Three things I am good at

A time I got something wrong, then tried again

Something kind I did for someone this week

What I would tell a friend who feels sad about a mistake

One thing I want to learn this year

What makes me feel proud of my family

A picture of me being brave

This sheet is general information, not medical advice.